

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Shawna Potter ([00:04](#)):

Hi, welcome to, But Her Lyrics..., episode zero. Yeah. I just didn't feel right. Going right into the songs without an introduction. You can skip this episode if you like, but you'll miss a great interview with author and punk rocker. Mike Dimante who helped me with a big project for War On Women's last record 'Capture the Flag', which in a way, was a precursor to this podcast. I guess now is when I need to make sure you know, that I'm in a band called War On Women and that we just released our third full length album on bridge nine records called 'Wonderful Hell.' Normally I'd probably be on tour right now, maybe headlining small places, maybe opening up for bigger bands. Maybe in the US, UK, Europe, we were even going to go to Mexico for the first time this year. I miss that 30 minutes of playing, just being in front of people singing along. I mean, even being in front of people who've never heard us before, but are giving me the chance to win them over. The shows the thing, you know. But I kinda knew I'd miss that. Right? What I didn't predict is how much I miss having those merch table conversations. You know, the ones right after we play when I'm still covered in sweat and my makeup is smeared. And I come out to say hi, or thank you to anyone able to buy merch from us. When someone asks what a certain lyric means, or they tell you that they wrote a paper about the same topic once, and all of a sudden, you're both on a tangent about the hypocrisy of the anti-choice movement, for instance. Or the ones where they remind me of a show I forgot, like that basement years and years ago when the guy knocked his tooth out on the stairs, like from dancing so hard and he didn't seem to care at all, or the conversations where someone pulls me aside and quietly says that happened to me too. That kind of conversation, that kind of connection, is currently gone from my life, which is why I decided to start this podcast. I mean, what better excuse to talk to interesting people than to beg them to come on my show.

New Speaker ([02:07](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

But I also just wanted to share with you what I could about this album. I also wanted to document making this album while it's still fairly fresh in my memory. And you know, that's just not something that we've ever done before. I guess, episode zero warrants a disclaimer of sorts. I'm not perfect. Surprise! War On Women is not perfect. As a band we try to be as informed and empathetic and intersectional as we can, but we're human. We're flawed. No, really. I'm telling you we are flawed. No matter the subject of any song, even when I do my best to honor the voices of those most effected, it's still going to be filtered through my narrow perspective, right? I'm still a white cisgender able-bodied woman. Now, if I'm singing about it, I'm passionate about it. It matters to me. It pisses me off and it often means I've learned something about an issue or, or our history that I resent not being taught in school. And so I want to share those discoveries in case you feel the same way. That's why I'm doing this podcast. I guess there's a lot of reasons why I'm doing it, right? But I want to share more about this album and what it's about than I can in a five minute interview. So in every episode of But Her Lyrics... I'll not only share my writing process or how each song came together, you know, normal behind the scenes band stuff I'll also be interviewing the War On Women bandmates for their perspective because we don't always perfectly agree. And because I don't know everything, I'll also be interviewing a few experts to help us fill in some knowledge gaps and help put the songs in context. So whaddya say we learn more about these issues together. If that sounds good, subscribe to this podcast, share it on socials and consider joining my Patreon to help me keep it going at [Patreon.com/shawnapotter](https://www.patreon.com/shawnapotter). Coming up after the break, my interview with Mike Dimante and my interview with author journalist and educator, Mike Dimante. We talk about how punk rock shaped our politics and how we approach crafting the college level workbook for the previous War On Women record Capture the Flag and how we're trying to find community and connection. When you can't go to shows the capture, the flag workbook is available on band camp, and I

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](https://www.rev.com)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

want to give a big shout out to graphic designer, Veronica Collins, who was recommended to me by a fan of the band James P Canfield, an assistant professor at the school of social work university of Cincinnati. Veronica used the original collage work and art of Ryan Patterson, who did the design and layout for both Capture the Flag and Wonderful Hell. So big shout out to Ryan Patterson and Veronica Collins for all their help and apologies for the obvious zoom recording. With help from my patrons, future interviews should sound a little better.

Shawna Potter ([05:11](#)):

I just want to thank you for, for doing this.

Shawna Potter ([05:14](#)):

No, thank you for having me. It's awesome because it's like sometimes I get tired of talking about UFOs, so it's nice to talk about something different, so...

Shawna Potter ([05:24](#)):

Awesome. Okay. Well for everyone listening, why don't you introduce yourself? Who are you Mike?

Shawna Potter ([05:30](#)):

Hi, I'm Mike Dimante. I'm a journalist and author educator. I've written four books, three non-fiction, one fiction and another non-fiction book coming out next year. Prior to being an author, I worked at Eastern Chronicle for about seven years doing web producing, copy editing. And I also covered kind of like the punk rock and alternative music scene as well because no one else there did. So that's, that's, that's how I, that's how I know Shawna. I met her, I interviewed her at Warped Tour. I forgot which year it was, but I remember I only did two interviews that year and it was Shawna and Jack from TSOL and yeah, that's how I met her and we became friends. So...

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Shawna Potter ([06:14](#)):

That's what I thought. That's what I wrote down. Didn't we meet at Warped Tour? That was 2017. But with your resume, it's very clear why I asked for your help in writing that workbook for Capture the Flag, our last record. What do you remember about that process of helping me with that?

Shawna Potter ([06:35](#)):

I remember it was really cool because lyrically like as a fan of music, I always love to kinda, you know, read the, kind of like behind the scenes of like, you know, lyrics. Sometimes when you're listening to your favorite songs, sometimes the lyrics are very obvious, but other times they're a little bit more vague and you know, you'll try to figure out the meaning and you know, they're more ambiguous. It's just kind of really interesting. So I really liked that you were upfront and kind of giving the background to the songs and then you were also giving an educational element to it too. So when, I think you put on Twitter, Hey, does anyone want to help with this? I was like, heck yeah, I would love to because I mean, first of all, the other Capture the Flag was rad. It was a great record. And I really liked the fact that you wanted to do something with, you wanted to do something with the record, other than just the traditional bundle. You wanted to add something, those had an educational element to it. And I think it's really cool because when bands do things like that, you know, like sometimes like deluxe versions, you get kind of like behind the scenes, but you were, you were doing something more interactive and immersive because people who generally listened to like this type of music and have the activist attitude want to learn more and they want to, they want to do more. So I think the fact that you want to do something like that was really cool. And I remember the process like for me, cause we came up with questions, I believe we did questions. And then we had like resources. And I remember, so I've taught, I teach high school and I've

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

taught STAR, which is basically in Texas. It's like the standardized testing that sophomore's have to take. And I also have taught that to seniors too. So like, and also I've done some curriculum assistance, curriculum writing too at the district level. So I kind of know how to come up with questions that elicit certain responses. And I knew we were going for an older audience too. So I had to kind of, one of the things I wanted to aim at is just having these upper level thinking questions where it wasn't just, what do you think this song is about?

Shawna Potter ([08:35](#)):

Right. That's the kind of the interview question I get on some blog, "so just tell us what the song's about." So yeah, I definitely wanted something more than that too. Now do you see a lot of these kinds of resources being offered to teachers? Like, do you wish more bands did that?

Shawna Potter ([08:58](#)):

Yeah, absolutely. Absolutely. I think like at a college level, like I think when we're coming up with it, I said, Hey, this will work for college. Cause like for high school, it's like way too like controversial, you know what I mean? Like, it's, it's really not but just in terms of, like everything is controversial in high school for kids in Texas, I mean, yeah. Like it's even texts like Frankenstein or Beowulf you have to send letters home, even though there's like nothing controversial about those at all, I just have like a thing you have to do. In college though, like that stuff's encouraged, you know? And I just remember when I was in college, I went to university of Houston here in Texas and I wrote for the school paper and I was like really immersed in journalism. And I just remember how helpful all the music labels were in terms of what college papers and journalism students, because so much of their target audience was like that age group. So like, Oh God, I got so much good press. And you know, just when I was learning how to be a

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

journalist, like any band interview I got, no matter how big the artists cause they were like, Oh, it's a, it's a school paper. And this is, you know, a large audience, you know? So I just remember, Oh, you want to come to Warped Tour, you got it. You want to interview Tom Delonge o backstage and angels and airwaves and Weezer, you got it. And I'm like, Oh, okay. You want to interview bad religion on the bus? Cool. So it was like all these like childhood things like dreams came true, you know, getting interviewed Greg Graffin, Tom Delonge, all these people I grew up idolizing. So it's really cool in college to see how, you know how labels really kind of market to that audience. But like with something like you were doing I was like, man, this is right up kind of the, the academic difficulty. And not only that, the, the maturity level of the students, like, that's why, you know, we were coming up with the questions I wanted to come up with something next level, cause in a sociology class or even like an upper level English class. Those are the type of discussions that are easier to have with young adults.

Shawna Potter ([10:55](#)):

You're an educator and an author. Do you have a philosophy about incorporating punk in what you do or is that even how you would put it?

Shawna Potter ([11:06](#)):

Yeah, it's weird. Like, so the books I wrote about UFO's are called "Punk Rock and UFO's" and there's three nonfiction books about it and it's such a great conversation starter because people always ask, well, what do they have in common? I said, not so much their music, it just kind of that rebellious nature, you know, like what we choose to believe and what we choose to rebel against. Because like, I think about all the stuff we grew up believing that we don't rebel against, you know, but there's certain other thought processes that we rebel against. So in that sense, that's how kind of that tied in with my non-

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

fiction UFO books. But as an educator, I mean, I've kind of still had that rebellious attitude. Like, you know, like, I mean right now with like COVID, you know, it's like you know, I joined a union and you know, unions don't, we don't have collective bargaining in Texas, but like it's still seeing how them advocate for us, especially during COVID because we're not being treated very well at all. It's just a very dangerous situation. So that's really empowering too. That kind of goes back to, you know, when I was a kid listening to like Anti-Flag and like dead Kennedys and wanting to be active because of that. And now I'm seeing it well, what can I do to help? Not just my students, but the, you know, my, my coworkers too. And yeah, so I think that's, that's how you kind of incorporate it in education too. And I teach journalism too. So a lot of the things I teach, I teach media literacy because that's really important nowadays. And I try to do it as unbiased as possible, but all the kids know where I stand in terms of, in terms of politically. So...

Shawna Potter ([12:35](#)):

How did you get into punk? Like, was it immediately you were into political punk? Did it present itself right away or did it take some time? And now this question of course is kind of assuming that, you know, War On Women is punk and I don't know anymore, genres are meaningless, but you know, generally: How did you get into punk? How did the politics come into play?

Shawna Potter ([12:58](#)):

So I started off first with like pop punk, like many people do. It's like, it's a great gateway drug. So for me, I grew up in New York and between moving from New York to Texas, we moved to Pennsylvania for like half a year. And I had like one friend in the whole school that was it. Like we played Dungeons and dragons together and like nerdy stuff and like when we were moving, he gave me like a couple of CDs

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

and it was like old school emo, like Julianna Theory, get up kids and then Blink, cheshire cat, and I heard it and I was like, there's something about this that I can't put my finger on. It's like an energy to it. It's like weird, but it's like, it's raw. It's like sloppy, but it's good. Like, there's just something about it. And so yeah, I got into like diversity.

Shawna Potter ([13:41](#)):

I feel like, you know, Blink. And then I was like, you know, I was, I was looking up all the bands that they liked. And first time I heard bad religion, like my mind was blown. So I basically went from like pop punk to like dead Kennedys, bad religion. It's weird. It's like, people will get into like this music. It's like pop punk. And then it's like, political, like real punk, you know, like old school clash, Ramones, then, you know, you kind of get into like the eighties stuff and then it's like, you go through a hardcore phase and then it's like, back then it was like back to emo and then it's like, it's a weird, it's just like, and then it's like indie rock. And then it's like, when you get to like my age, like when you're almost 40, it's like, you just listen to all of it. It's all just like all genres blend together.

Shawna Potter ([14:17](#)):

It kind of proves by calling a band punk you still have no idea what they sound like or what they're about. Like, it just, that's why I don't even know if I like calling War On Women a punk band. Cause I'm like, what does that mean?

Shawna Potter ([14:31](#)):

I mean, absolutely. It's weird because it's like, it's such a loosely defined genre in my opinion. It's not just musical. You just kind of, because there are bands that make mid-tempo music that are still like punk rock. I just remember, you know, the first time I got like...we used to have where I grew up here in Texas,

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

just like used like video store, like walking distance. So one day after school I went and I found dead Kennedys, fresh fruit for rotting vegetables. And I was like, this looks really creepy and dangerous. There was like a car on fire. I was like, what is this? I was like, ah, I mean, I've heard of them. Like I've heard of them before, so let me get it. And then it just blew my mind. It was just, like I said, it was just like dangerous element to it. But the stuff that they were speaking, like the lyrics they were speaking in, like it just resonated with me. Cause it's like, you know, it was this, this working class kind of aesthetic and you know, the themes that we're talking about and it was just kind of was really cool as a high school kid. You know, I, that was like the first, you know, after listening to like Blink-182 and Phoenix CX, like mighty, mighty Bosstones and nineties alternative rock, dead Kennedys, it was like way different.

Shawna Potter ([15:35](#)):

Yeah. Yeah. I think that my first foray into political punk, it might've been a bikini kill CD that I bought because I heard the name and, and when I got it, it was too much for me. Like, I wasn't ready for it. I was in junior high or maybe even, God, like maybe even like fifth grade or something. And I just, yeah, I wasn't ready. And so I sold it to someone at school for like \$5. And then I remember about a year or so later, I was like, Hey, do you still have that CD that I sold you? Can I borrow it? And I made a tape. I just, I just put on tape. And then I started listening to it all the time. And then I think just going back and listening to... Someone, introduced me to sex pistols, and I was like, Whoa, this is dangerous music, you know? And now I listen to it and I'm like, this is pop music. This is like so easy. But you know, at the time, obviously when it came out and then for me at a young age, not hearing anything like that, it, it really makes an impact when you feel like these people are really saying the things you're not supposed to say, or they're saying things I've never heard or they're really critiquing people in power. And I've never heard anyone do that before. Like that's really formative when you're that age.

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Shawna Potter ([17:03](#)):

Yeah. Yeah, definitely. I think, you know, when you hear that, you know, so these are, it makes it more relatable because for me growing up, listening to this type of music, the bands were always accessible too, I thought really stood out that they were kind of just like me and you were just like us or, you know, they were even like, I remember one of the first times I saw social distortion, Mike Ness got out of his bus and he greeted like a hundred kids who were waiting to meet him. And I thought that was like really cool. Cause he didn't have to do that. Even back then. He was like older, like he was an older guy. And like I grew up loving Alkaline Trio too every show would go to, they would come out and greet all their fans. I thought that was like so cool that, you know, even when the bands got bigger, you know, they were still always gracious to fans. Like to this day you can like the biggest bands in the scene have always been like super rad and cool to their fans, like the biggest one. So I thought that was really cool. Cause it's like, man, they're kind of just like, just like me, you know, just, they just make a lot more money and make really good music.

Shawna Potter ([18:05](#)):

Excellent. I... It's better to laugh and cry. So I, I sent you the new album. Did you get a chance to listen to the whole thing or just the couple singles that are out? No, no pressure.

Shawna Potter ([18:20](#)):

I didn't get it yet.

Shawna Potter ([18:26](#)):

Oh! Maybe I didn't send it to you. What episodes are you looking forward to? Cause this is actually episode zero. This is pre-episode. An un episode. And so this is the, this is to sort of set up the rest of the

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

season and sort of talk about just how we can combine punk music, our politics and our self-education and, and how, how everything can sort of feed on itself or, you know, help contribute to... Basically just a diverse tactic of, of exposing people to different issues. You know, as I say, my, my goal is actually, you know, to do this season, to do this album and invite experts on and expand everyone's context around the issues I sing about, including my own. And then maybe if it's successful enough, then I can invite other songwriters on and, and take a deep dive with them and have them dig into the politics and really explore the meaning of their song and invite experts on. So we'll see how it goes.

Shawna Potter ([19:32](#)):

I think it will go well. Cause like, I mean, I've heard the two songs that are out right now. Are they singles? Are they just songs?

Shawna Potter ([19:39](#)):

I dunno, it's 2020. Like, are there singles anymore? I'm not sure.

Shawna Potter ([19:43](#)):

I think the first time I heard... I think I texted you saying, man, this is, this is dope. Like, and then earlier we were talking about White Lies and it's like I said, it sounds elevated. It's very melodic. And it sounds like almost Southern California, but it's still like angry, you know? So it's like, I think, you know, it's a shame that the tour with bad religion and alkaline trio is not happening cause of COVID. I feel like with that tour and this the record potentially coming up from, I heard so far, it's like, that'd be a tremendous opportunity for you guys to kind of break even bigger, you know? Cause a lot of like, you know, big news outlets write about you guys and people don't understand like the power of like that journalism, you know, when like Stereogum, or you know, alternative press or any of those outlets, write about you

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

know, smaller or emerging band like that that's a big deal. So I think like when you're on both those, like those websites and those, those outlets radar, you know, and then like I said, you have, you know, Bad Religion asking you guys to open, like that's, that's big. And it's like, I look at, you know, bands are like on the verge of breaking and I was like, you guys are like, kind of right there. It's hard though, because it's like this type of music, it's harder to kind of get, you know, I'm not saying you guys gonna be like on TV or anything, but you know what I mean? It's like still though, even like, you know, bands in the scene are like, medium-sized like, you kind of see the, you see their growth and I've seen it through the years. I was like, if you guys were taking all those necessary steps to kind of grow as a band, and I think everything that you're doing outside of the band too, or doing this and the book you put out and all that stuff is like really cool, because I think, you know, with y'all's fan base, it's just another great way to connect.

Shawna Potter ([21:20](#)):

That's that's, that's all I'm trying to do is connect with people. I really, really miss having conversations with people at shows, going to the merch table and being covered in sweat and like hugging and like talking about songs that, that mean something to people and sharing our frustration and anger and passion. And it sucks. It sucks to miss out on that. And I'm not someone that wants to play no matter what. I don't feel safe and no one, no one should right now, honestly, in the States. But I don't feel safe. And, and even with, if we did a socially distant show, my feeling is sort of like, what's the point, right? Like I don't go to a show to be in my own little bubble away from everyone. You know, I want to connect, I want to get sweaty. I want to dance. I want to hug and talk. And so, yeah, my hope with this podcast is that it serves as a way to have deeper conversations that you can when there's another loud band playing. And you're like, what? You know, so maybe it's, it's a different kind of connection than at a loud punk show. But hopefully it makes up for the loss that we've experienced.

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Shawna Potter ([22:38](#)):

Yeah. I mean, that's great. Cause like, you'll get so many, I mean, there's bands that are doing the drive-through thing and that's kind of lame I think. Some of them do like live screen, like streaming shows, which is cool. Like, I don't mind like streaming a band set. That's kind of cool. It's better than nothing, but it's like bands are finding creative ways to kind of do something during this time. I mean, you launching this podcast right around this time was, it was perfect because you guys have an album coming out and that's really hard to promote, not touring, you know, especially when people don't understand, that's how bands make money is through touring and merchandise. So it's really hard you know, except for smaller mid-sized bands. So I think it's really cool that it's a really cool time for just seeing how bands are creative, and you know, they're coming out with a lot of content, you know, like bouncing souls, just put out like a whole volume two, and they re-imagined all their old songs, acoustic and there's like bundles and all this stuff. So all these bands are just doing a lot of, you know, a lot of recording and just a lot of creative ways to kinda, you know, make money, you know, that just kind of stay afloat and connect with their fans during this time because, you know, when all this stuff went down, I remember I was, I was like, I was on Instagram every day watching Matt prior from the get up to play acoustic or, or Chris from Anti-Flag like you saying, it was really cool, you know, just to kind of, you know kind of see that at first, but I think, you know, now it's like, well, what do we do now to kind of keep the interest going?

Shawna Potter ([24:00](#)):

Yeah, I think at first everyone was just like, Oh, what do we do? Let's do something. And it was exciting to, to feel like, well, I'm stuck at home all of a sudden. And luckily people are out here working to entertain me, you know, and keep me from going outside and being unsafe. And I think I, I totally agree

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

now, okay, we're in this, we know that we're in this for a longer period of time. And so people can take the time to create something and invest a little more time in it, a little more effort into it, which I think is really beautiful. I think that I'm very jealous of those bands that are able to do that though. Cause I feel like it still takes money to create something like a worthwhile live live-streamed full show. That's not something that w our band can do. Also one of our members lives in Florida. And so we can't safely all get together and play show. And, and so just the lack, the lack of funds that are just sitting around that would enable us to like work something out doesn't exist. And because it doesn't exist already, we're all having to still work all the time so that we can pay our normal bills in a time where a lot of us work part-time and work in nightlife and food service. And, and it's just harder. It's just harder out there. So I'm, I'm a little bit jealous. And I know that we're not the only band that's sort of like dealing with that. And so I'd say for anyone listening that wants to know how to help just acknowledge, like the bands that aren't able to put on a big live stream show probably need your help more, and just don't forget to actually buy their stuff from bandcamp or from them directly. Actually actually buy it. Don't just stream it. And that gives me a good opportunity to just go ahead and plug my Patreon, you can just search for Shawna Potter. That's how I'm putting on this podcast is... With a little bit of help from everybody I can keep going. But so what can, what can you plug Mike? What are you working on now? What's coming up? Shawna Potter ([26:06](#)):

What can I plug? Hmm, that's a good one. So this is the first time I'm really saying, so I'm not sure when this was air, because I haven't officially announced it yet, but I have a book coming out 2021 called, Hey, suburbia: Rise of the pop punk and emo... What is the name of the book? Hey suburbia, which is kind of based on the screeching weasel song, a guide to the rise of the emo pop punk..., Something like that. So basically it's about all my years, as a music journalist covering this music, I've interviewed, I have many

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

good quotes I've interviewed for bands, and I've always loved the genre music. And like you're included in it too, the interview we did. And because there's a whole chapter on like the Warped Tour. And I always, I mean, the book's basically about the Warped Tour generation, I mean, it's got not just pop punk and emo, you have the punk rock bands and hardcore bands or ska bands interviewed in it because it's all under this like giant umbrella, you know, like, and I remember like when you do so, like when I interviewed you at Warped Tour that one year, I covered it every year and it's like, how many reviews can you write for Warped Tour every year?

Shawna Potter ([27:14](#)):

And, you know, you gets sick of it. So that year I wrote a specific, like, my lead was very specific. Like, Hey, this year they're, they're, they're bringing in more feminist, feminist friendly acts and stuff. So I really want to speak to you guys. So the previous year I went, but at a protest, I didn't cover because of all the, all the crap that was happening. We went to support my friend, Mariel, she plays in candy hearts and Gavin from Senses Fail. So I just went to go watch them because I'm cool with them, then I bounced, I didn't cover, I didn't write anything because out of protest, but then I think the next year is when they, you know, they tried to right the wrong. So like, that's what that story was about specifically that, so I've had all these other different types of bands I interviewed too. So the book should be coming out hopefully in early summer. And it's going to be like a coffee table type guide where there's like photos and there's like charts, and there's the book itself and there's artwork from Cassie Podish, she does artwork for less than Jake, Senses fail. Wonder years. She has this really cool distinct style and she's doing the cover and some of the interior artwork. And that was basically just about, you know, kind of like there's a genre of music and how it rose to popularity in the late nineties to the two thousands. And it's got interviews I've done with a dashboard confessional, alkaline trio, Blink-182 taking back Sunday, a

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

new found glory. What else? Descendents. So it's basically pulls from a lot of different parts of the genres and sub genres as well. You you're in it.

Shawna Potter ([28:48](#)):

Well, then it's going to be great! (laughs) No, that sounds like a book that's so many people are going to be interested in. That's fantastic.

Shawna Potter ([28:55](#)):

I hope so. Cause it's like, I want, I've been working on this on and off for probably the past, like five or six years. So like, I'm hoping this does well, I don't know. I'm just hoping people buy it because it's like all these years I spent, you know, covering this, you know, the genre is kind of like a love letter to that because it's like some of the best times of my life were at shows interviewing bands and some of the best memories ever had was associated with that. So I think it's, it's going to be very nostalgic, I think for people who are into that type of music.

Shawna Potter ([29:24](#)):

Absolutely. And that's a lot of people - think about how many people have gone to warped tour in their life. I mean, just the bands that have played. That's a lot of people, you know, so yeah, I think that's going to be awesome. So everybody look out for that in 2021 and when it's out, I'll be sure to share it and remind everyone that you were on this episode, your book's finally out. And on that note, we are going to just, I just want to thank you for, for being my Guinea pig, being my very first interview for But Her Lyrics.... So thank you, Mike.

Shawna Potter ([29:53](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by Rev.com

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

No, thank you. I'm honored. I think as soon as you pitched this to me, I was like, hell yeah. I was like, let's do it. And like, the title was great, But Her Lyrics... is awesome. Thank you again for having me you know, I've always been a big supporter of what you do outside of music as well. Cause I remember years ago we talked about potentially trying to book you speaking at colleges and stuff that make you want to do like a speaking tour.

Shawna Potter ([30:16](#)):

I sure did. You know what, that's what I was going to concentrate on this year, if COVID didn't hit. And so all my, all my opportunities went away, just like many, many people.

Shawna Potter ([30:25](#)):

Virtually it could still happen, if you think about it.

Shawna Potter ([30:29](#)):

Yeah. I, I, you know, I almost haven't wanted to like bother anyone that works at a university or college or school because I feel like they have enough going on. I didn't know if me being like, 'Hey, let me speak' would be helpful. Or if they'd be like, 'I don't even have the bandwidth to plan something.' I don't know. But I guess if anyone's listening to this, I am more than available to take over your class so that you can relax and like have a beer or something. I won't tell anyone. I'll be honest. I haven't had the mental energy myself to, to really try. I feel like all year, I've just been scrambling to figure out the basics of survival and, and come to terms with this world we live in now and not be able to play music and finishing an album. And then I got a grant funded job which I was very lucky to get, but it took all my time for about four months. And so now I'm finally winding down and thinking, okay, what's next? Because no matter who gets elected, this is not ending tomorrow. So what's next. And, and yeah, I think

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

I now have the time and the bandwidth to do more public speaking virtually since I can't tour, it's kind of the next best thing. So if anyone's listening book me and it was listening, tell your professors I'm here. And, and so is Mike.

Shawna Potter ([31:57](#)):

Oh yeah. Book me too, if you into UFO's and journalism and stuff like that. So, yeah.

Shawna Potter ([32:04](#)):

Cool. All right. Well, thank you so much, Mike, for joining us. I really appreciate it. And I have no idea how to end this because this is my first interview. So I'm gonna stop recording now bye!!

Shawna Potter ([32:20](#)):

What else do you need to know about this podcast before I wrap up? It will be released bi-monthly, wherever you listen to podcasts, but you can listen ad-free by joining my Patreon. You will probably hear my rescue dog Rosie in the background. She might be snoring, sighing, chewing on a toy really loud, or you might even hear the sound of the heater I leave on for her because she can't stand to be cold. Hopefully none of which is too distracting. What else? I conducted most of the interviews in advance of working on my solo parts. Really just as soon as I decided to start the podcast, which means, unfortunately, you'll hear a bit of pre presidential election talk. I did try to make sure none of the information would be out of date by release time.

Shawna Potter ([33:12](#)):

All right. Let's thank our first official sponsor of the show: First defense Krav Maga. That makes sense, actually yeah, big, thanks to Nick and the entire team for inviting me to do a bystander intervention training recently. Virtually of course. Anyone can book me for a virtual training by contacting me on my

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

website, Shawna potter.com. Thank you again, First Defense Krav Maga. Also a big shout out to Lauren, no last name, for pledging at the meathead level. Thank you, Lauren. And hi, Stefan and Julina from Germany. (They told me to say that really loudly.) Hi for pledging at the recruit level where they get to ask a question and have it answered on air. Now Stephan's daughter Julina came up with the question. Can't wait. Asking did you want to become a singer when you were a child? And now that you are, what does your mama say about this? Great question! I wouldn't say I always want to be a singer, but I did always want to be a performer. And if that meant singing fine, if that meant acting, theater, musicals. Great. If that was dancing, whatever, just get me on that stage. Get me in front of people. That's what I wanted to do. And I've just somehow ended up here, I guess, singing political punk in War On Women. Now did my - what's my mom have to say about this? Did my mom always know that I was going to be a performer? Did she think I could sing? Did she really think I had what it takes to make it in the biz? Well, good question. And you know what? I went ahead and I asked her. Hi mom.

Robin Potter ([34:54](#)):

Hi, sweetie.

Shawna Potter ([34:58](#)):

Thank you so much for doing this. Thanks for dealing with the technology so that we could record this conversation.

Robin Potter ([35:04](#)):

You're very welcome. I hope I can help.

Shawna Potter ([35:06](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Yeah. You can help because I got a question from one of my patrons that I need your help answering. Are you up for it?

Robin Potter ([35:17](#)):

I'll give it my best.

Shawna Potter ([35:19](#)):

So Stephan and Julina from Germany. They -they're pledging at a certain level that allows them to ask a question and have it answered on air and Stephan's daughter Julina came up with the question. So she asked me, did you want to become a singer when you were a child and now that you are, what does your mama say about this? You're my mama. What do you say about this?

Robin Potter ([35:48](#)):

Well, that's going back pretty far.

Shawna Potter ([35:52](#)):

Yeah.

Robin Potter ([35:54](#)):

Well, I can recall you always want him to be a performer as well. Simply because when I had you in your playpen at six months and played MTV music videos loudly, then you and I both were dancing around. And if you knew the song, you would hum it. So what do I think about it? Well, I didn't think much else about it until you let me know you were in a play and to come to it. And I found out you could sing, really sing that night. And I had no idea.

Shawna Potter ([36:34](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

I wasn't singing around the house before?

Robin Potter ([36:38](#)):

You would not sing that much in front of me. At that point you'd had, I'd gotten you that guitar and you were, you would go in your room and do stuff. The one thing from the time you were in the first play, and I found out, you could sing to the time I got your guitar. We got you some like organ to play with at some point. And you liked it, but you weren't really into it it seemed like, you know? So when you got your guitar, you seemed really into that and you came out. The very first song I recall you doing was the Brady bunch for me, which was awesome because I loved that show when I was younger at that age that you were. So I personally love the fact that you're a performer and a singer. It's something I had always wanted to be. So to see you get to live out, that just brings joy to my world. So that's what I think about that.

Shawna Potter ([37:38](#)):

Well, that's lovely. Yeah. That's what you have to say about that.

Robin Potter ([37:45](#)):

To say you're in the place you need to be.

Shawna Potter ([37:49](#)):

I mean, actually, you know, it's not like War On Women is my first band, right? Like you're not surprised that I'm in a band now because I've been in bands since I was 14. So maybe the question is more like, what did you have to say about it back then?

Robin Potter ([38:13](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](https://www.rev.com)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Well, I'm a little surprised you're still in it now, but I'm thrilled because a lot of people can't keep their voices in shape that long a period. So for that, I congratulate you for taking care of yourself and your vocals.

Shawna Potter ([38:27](#)):

Thank you.

Robin Potter ([38:29](#)):

Back in the day, say the question again,

Shawna Potter ([38:36](#)):

like, what did you think about me being a singer? When I actually first started being in bands?

Robin Potter ([38:41](#)):

I loved it. I was a closet singer. So for me it was wonderful.

Shawna Potter ([38:48](#)):

Yeah. I mean, you came to every show that you could. I remember that.

Robin Potter ([38:52](#)):

I enjoyed your music and I enjoyed the performance and I enjoyed watching people enjoy you. And it was just a good vibe all around.

Shawna Potter ([38:58](#)):

I remember that fondly about our time living in Nashville and, and really playing a lot with my first band is that you were a big part of it. You know, you didn't, you didn't come to like the super tiny punk club shows a lot, as far as I remember, which is like totally understandable. It's like all ages, DIY, for anyone

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

listening that knows Nashville, if at first it was Lucy's record shop and then it was Indie net. But you definitely came to the end and exit in and places like that, places with a bar, you know, so you can like vibe out, have a good time, watch your daughter play. And I, I remember your involvement and, and I remember being really psyched that like, you were so cool with what I was doing.

Robin Potter ([39:52](#)):

Oh, I was just happy to tag along are you kidding me? And I did go to one or two of those punk clubs with no drinking. And yes, it was a challenge to stay throughout the whole thing, because other bands, I was not really interested in at the time. So there was a few of them I went to, and I can say that I was happy to leave at some point.

Shawna Potter ([40:19](#)):

If I was in the kind of band then than I am now, I probably would have recruited you to do merch or something. Would you have been up for that or would you have wanted to just hang out?

Robin Potter ([40:31](#)):

I probably would've done the merch for you. Again. Just happy to be a part of it. Yeah, it was exciting and fun.

Shawna Potter ([40:38](#)):

Thanks mom.

Robin Potter ([40:40](#)):

You're welcome, sweetie.

Shawna Potter ([40:42](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Is it it weird for you that we're such a political band? Does it make you uncomfortable?

Robin Potter ([40:51](#)):

The fact that you're a political band does not make me uncomfortable. At times I worry about you, but that's with any mother. I think everybody should do what they feel is right for them. And no matter what side of any fence you're on, I'm always going to be your mother. And I'm always going to love you and support you.

Shawna Potter ([41:13](#)):

Does. Does the family give you any shit? For me being so lefty?

Robin Potter ([41:21](#)):

It used to be. And I just walk away or I'm just, I just don't participate, but it's, like I said, it doesn't happen anymore. You know, it would be a snide remark here or there you know, like I was a bad mom or something, but it was always a dig and a joke, but it only happened once or twice. And then they realized I'm not interested. So they just don't bring it up.

Shawna Potter ([41:44](#)):

Well, that's good that it's stopped. Jeez.

Robin Potter ([41:49](#)):

And like, I dunno, eight years, 10 years ago, who knows as long time ago. Yeah.

Shawna Potter ([41:55](#)):

When we started really, we started about 10 years ago,

Robin Potter ([41:59](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Then that was probably it.

Shawna Potter ([42:01](#)):

I guess. I don't know what else to ask actually.

Robin Potter ([42:04](#)):

I can tell you something.

Shawna Potter ([42:06](#)):

Oh, tell me something.

Robin Potter ([42:07](#)):

I love the fact that you're in a band, but I always want to hear your voice more.

Shawna Potter ([42:13](#)):

Yeah. I think that's every mom of someone in a band. They say, well, what are you saying though? I can't hear you. Well mom, we have a new album out called Wonderful Hell and I do sing more. I think, I think you'll be able to hear what I'm, what I'm saying.

Robin Potter ([42:33](#)):

That will be lovely.

Shawna Potter ([42:34](#)):

Yeah. So I'll have to send you a record.

Robin Potter ([42:37](#)):

Would be lovely as well. You have a beautiful voice and I love to hear it.

Shawna Potter ([42:41](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Aw, thanks, mom. How about lastly? What kind of music do you like? What do you listen to

Robin Potter ([42:48](#)):

AC/DC ZZ, top Aerosmith, Led Zeppelin, salt and pepa. Whitney Houston back in the day dance club stuff, then alternative rock, I'm listening to now. And I generally like music that takes me on a journey and I don't know where I'm going. I don't like repetitive verses and, and, and tidbits like that. I like it to like have different music, takes me on a journey. And the words sometimes mean something to me, but mostly it's more of a feeling and a vibe for me. And so I've listened the last week or so. Like when I went down to visit my brother, I was listening to real jazz and watercolors because the traffic was obnoxious and it was making me mean, so I decided to chill out. And so I went all the way with 'a spa', but normally it's alternative rock or some good old fashioned seventies rock.

Shawna Potter ([43:55](#)):

Yeah. You're a rocker, right?

Robin Potter ([43:56](#)):

I am.

Shawna Potter ([43:59](#)):

And dad too.

Robin Potter ([44:00](#)):

Yeah. Yeah.

Shawna Potter ([44:02](#)):

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamprepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

Well luckily, no one asked me any questions about what my dad thinks. So he's not on the podcast, just you.

Robin Potter ([44:09](#)):

Well, that would have been an interesting conversation as well. Lovingly I'm sure.

Shawna Potter ([44:15](#)):

I'm sure. I'm sure. Well I think we've answered Julina's question. Basically you're saying rock on, right?

Robin Potter ([44:25](#)):

Rock on, sweetie.

Shawna Potter ([44:28](#)):

I love you.

Robin Potter ([44:29](#)):

I love you too.

Shawna Potter ([44:31](#)):

How cool is that? I get to have my mom on my podcast. That's very, very cool. Okay. Well that was episode zero of, But Her Lyrics..., the pre season, un episode. Future episodes, will tackle the brand new full length War On Women album, Wonderful Hell. And you'll get the most out of this podcast by listening to the songs in advance of each episode. But I will be sure to play each song at the end of its respective episode. Wonderful Hell is available on vinyl from bridge nine records digitally on bandcamp and it's streaming in all the usual places, though you should know by now that that does nothing to support the band or the label. Thanks to Brooks Harlan, WOW guitarist and engineer extraordinaire for

Episode 0 Full (Completed 12/06/20)

Transcript by [Rev.com](#)

BUT HER LYRICS... Episode 000

SHOW NOTES:

This episode is an introduction to the entire season of But Her Lyrics... Get to know Shawna's goals and reasons behind starting this adventure. In her interview with journalist and author Mike Damante, they talk about incorporating a punk rock philosophy in the classroom and how punk rock shaped their politics.

Mike's books: <https://www.punkrockandufos.com/about>

'Capture the Flag' album workbook: <https://bridge9.bandcamp.com/album/capture-the-flag>
<https://cassiepodish.storenvy.com/>

Shawnapotter.com

<https://www.patreon.com/shawnapotter>

<https://www.akpress.org/making-spaces-safer-book.html>

<https://www.b9store.com/waronwomen>

<https://shirtkiller.com/collections/waronwomen>

Bigcrunchamrepair.com

OFFICIAL SPONSOR:

First Defense Krav Maga in Herndon, VA. <https://www.firstdefensekravmaga.com/>

A (good, not great) EPISODE TRANSCRIPT:

helping me edit, and for chopping up our song, "Her?" to create the podcast theme song. If you'd like to support this podcast or this band, there are a ton of ways to do it. So here it goes. If you're broke like us, you can spread the word and subscribe to this podcast. Review this podcast, wherever you listen, it really does help. And you can snag merch from Bninestore that's letter B number nine, store.com and shirt killer. In the UK and Europe for better shipping rates you can support us by buying merch through cortex records and LHPmerch.com. You can buy my book, making spaces safer on AK press.org, or get it from your local independent bookstore. You can also check out big crunch, amplifier service and design the shop that belongs to our guitarist, Brooks Harlan. He can fix your gear if you live near Baltimore or he can design and build you the tube amp or pedal of your dreams. And lastly, you can join my Patreon. I know, I know I'm really sorry, but there is no support for the arts right now, and no real handle on this pandemic that would allow us to tour safely. So help me keep this pod going so I can have something to do every day by becoming a patron. Starting only at a dollar a month and up from there. And there's a ton of perks that will only get better as we keep going because I'll figure out what the hell I'm doing. That's it. Thanks for listening to episode zero of But Her Lyrics... I am so excited to get started on this. See you in a couple of weeks. Wish me luck everybody.